Allergy Table

	Peanuts	Tree Nuts	Gluten	Fish	Milk	Eggs	Sesame	Molluscs	Shellfish / Crustaceans	Mustard	Lupins	Sulphites	Celery / Celeriac	Soya / Soybeans
Main														
Cheese and Tomato Pasta Bake			✔		✔									
BBQ Pulled Pork			✔										✔	✔
Roast Chicken														
Make Your Own Chicken Fajita			✔											
Fish Fingers			✔	✔										
Quorn Sausage Pasta			✔											
Sweet & Sour Chicken													✔	
Roast Pork														
Moroccan-Style Beef														
Fish Fillet			✔	✔										
Quorn Lasagne			✔		✔									✔
Beef Meatballs			✔											
Roast Gammon														
Garlic and Herb Chicken														
Veggie														
Vegetable Risotto													✔	
Sweet Potato Samosa			✔											
Quorn Roast					✔	✔								
Veggie Fajita			✔											
Fishless Finger			✔											
Vegetable Stir Fry													✔	
Cauliflower and Broccoli Bake			✔		✔									
Quorn Balls			✔			✔	✔						✔	✔
Veggie Burger			✔											
Quorn Chilli														✔
Quorn Sausage			✔											

Allergy Table

	Peanuts	Tree Nuts	Gluten	Fish	Milk	Eggs	Sesame	Molluscs	Shellfish / Crustaceans	Mustard	Lupins	Sulphites	Celery / Celeriac	Soya / Soybeans
Sides														
Whole Grain Pasta			✔											
Potato Wedges														✔
Roast Potatoes														✔
Whole Grain Rice														
Chips														✔
Noodles			✔			✔								
Cheesy Flat Potatoes					✔									
Jacket Potato														
Baked Beans														
Cheese					✔									
Tuna Mayo				✔		✔								
Puddings														
Fruit Jelly														
Fruit Pots														
Strawberry Angel Delight					✔									
Jam & Coconut Sponge			✔			✔								
Lemon Meringue Pots						✔								
Eton Mess					✔	✔								
Sprinkle Cake			✔			✔								
Fruit Crumble			✔											
Custard					✔									
Ice-Cream					✔									
Marshmallow Crispie														
Cherry Sponge Cake			✔			✔								
Cornflake Layer Tart			✔											
Fruit Cheesecake			✔		✔									
Summer Berry Flapjack			✔											